

MIGRAINE PATHOPHYSIOLOGY AND NEW TARGETS FOR HEADACHE TREATMENT

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A group of eleven people, including Andrew Charles, M.D., standing in front of a mural. The group consists of seven men and four women, some in white lab coats, posing for a group photo. The background is a large mural depicting a landscape with a bright light source, possibly a sun or moon, and a body of water. The group is standing in a line, with some individuals slightly behind others. The setting appears to be an indoor space, likely a hallway or a room within the David Geffen School of Medicine at UCLA.

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DISCLOSURES

Consultant for:

- Amgen
- Biohaven
- Eli Lilly
- Lundbeck
- Satsuma

President elect – American Headache Society

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Identification of New Therapeutic Targets

- Modifications of therapies with known efficacy
- Anatomy
- Human models (triggered migraine)
- Genetics
- Serum levels of potential targets.
- Animal models

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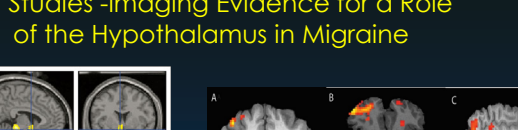
New Targets for Treatment Based on Migraine Pathophysiology

- Hypothalamus
- Upper cervical nerves
- Patent foramen ovale
- Adenosine receptors
- Potassium channel modulators
- Sodium channel modulators
- Peptide targets
 - PACAP
 - Amylin
- Delta opioid receptors
- Glutamate receptors

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PET Studies -Imaging Evidence for a Role of the Hypothalamus in Migraine



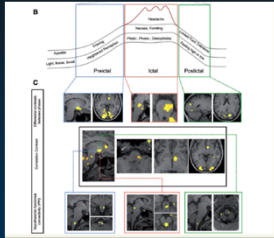
Activation during migraine attack, before treatment, as shown in statistical parametric maps which show the sites of significant differences between the scans obtained at baseline and during the attack. The hypothalamic activation is seen at the site of stimulation.

Maniyyar et al., Brain, 2013

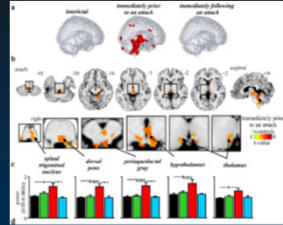
Denuelle et al., Headache, 2007

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fMRI studies – activation and increased connectivity of hypothalamus



Schulte and May, Brain, 2016



Meylakh, et al. Human Brain Mapping, 2018

Localization of CGRP Receptor Components and Receptor Binding Sites in Rhesus Monkey Brainstem: A Detailed Study Using In Situ Hybridization, Immunofluorescence, and Autoradiography

Sajesh Elakkal, * Ramesh C. Gnanapavan, * Shweta Roberts, * Tong Bao Chen, * Zhenjie Zeng, * Stephanie Villanar, * Lars Ekström, * and Christopher A. Sobotnik

Department of Clinical Sciences, Division of Experimental Therapeutics Research, Lund University, SE-221 86 Lund, Sweden
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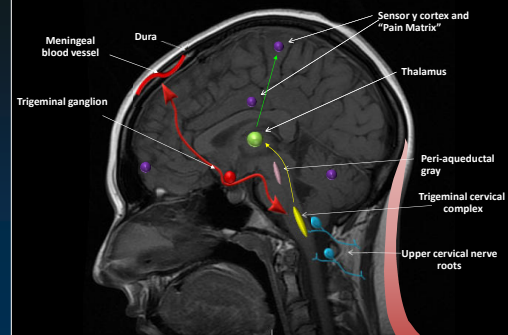
The Journal of Comparative Neurology | Research in Systems Neuroscience | 524:95–118 (2016)

“ Interestingly, we found receptor expression and antagonist binding in some areas that are not protected by the blood–brain barrier (hypothalamus, pineal, area postrema), which suggests that drugs inhibiting CGRP signaling may be able to penetrate the central nervous system to antagonize receptors in these brain regions.”

The Hypothalamus as a Therapeutic Target

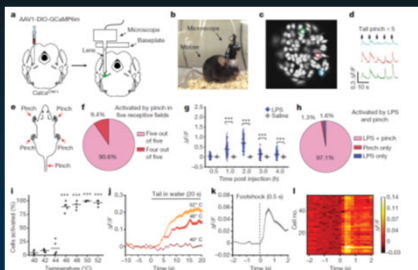
- Hypothalamus has neurons that respond activity to glucocorticoids
- Hypothalamic neurons release:
 - Somatostatin
 - Oxytocin
 - Orexins
 - Dopamine
 - Other substances potentially involved in migraine

PAIN PATHWAYS IN MIGRAINE



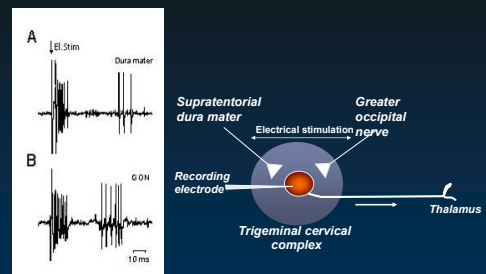
Encoding of danger by parabrachial CGRP neurons

Juliana P. Compton, * Anne S. Brown, * Caroline M. Brown, * Richard D. Emmerich



- CGRP neurons in the brainstem are activated by a variety of environmental and physiological “danger” signals
- Migraine triggers??

Upper Neck and Head Pain are Referred to the Same Neurons in the Lower Brainstem



Bartsch T, Goadsby PJ. Curr Pain Headache Rep 2003;7:371-376

Cervical Nerve Roots in Migraine?

Pain Referral Patterns of the C1 to C3 Nerves: Implications for Headache Disorders

Mollie M. Johnston, Sheldon E. Jordan, and Andrew C. Charles
ANN NEUROL 2013;00:000-000

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Migraine and Right-to-left Shunt

- Migraine with aura associated with patent foramen ovale
- Migraine with aura associated with pulmonary right to left shunt in hereditary hemorrhagic telangiectasia
- Multiple negative studies of PFO closure for migraine with and without aura

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MIGRAINE IS A TRIGEMINOVASCULAR DISORDER

IF THIS IS TRUE, WHY DOES A MIGRAINE ATTACK COMMONLY START WITH NECK PAIN?

Pain Referral Patterns of the C1 to C3 Nerves: Implications for Headache Disorders

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PFO and Migraine

PFO-Migraine Odds Ratios

- Migraine with aura- 3.4 (p<.00001)
- Migraine with or without aura - 2.5 (p=.0001)
- Migraine without aura - 1.3 (no statistical significance)

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If migraine is a trigeminal nerve disorder, why is there no overlap with trigeminal neuralgia?

- Different location of pain
- Different quality of pain
- Completely different response to therapies

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The "Premium Trial" OF PFO Closure For Migraine

Percutaneous Closure of Patent Foramen Ovale in Patients With Migraine

The PREMIUM Trial
JOURNAL OF THE AMERICAN COLLEGE OF CARDIOLOGY
© 2017 BY THE AMERICAN COLLEGE OF CARDIOLOGY FOUNDATION
Jonathan Tobis, Andrew Charles, Stephen Silberstein, et al.

- 230 Patients Enrolled
- 119 Device implanted
- 107 Sham Control – medical management
- F/U at 12 months
- Primary Endpoint:
 - Responder rate

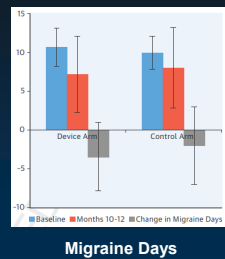
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Premium Study Did Not Reach Primary Endpoint

TABLE 3 Average Number of Migraine Attacks at Baseline and at Months 10 to 12

	Device (n = 117)	Control (n = 103)	p Value
Responder rate	38.5 (45/117)	32.0 (33/103)	0.32
Baseline phase	4.8 ± 1.3 (117)	4.6 ± 1.4 (103)	0.14
Months 10-12	2.9 ± 1.8 (116)	3.2 ± 1.7 (103)	0.67

Responder Rate



Ongoing Questions

- Does PFO play a causative or exacerbating role in migraine patients (particularly those with frequent aura?)
- Could association of migraine with aura with PFO explain the association of migraine with stroke?
- Should PFO closure be a treatment for migraine with aura with stroke risk?

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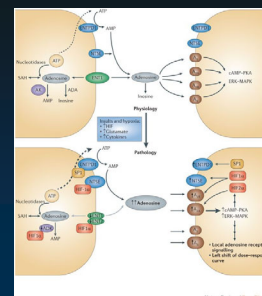
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Secondary Analysis

- Statistically significant reduction in migraine days
- Subjects in whom majority of migraine attacks included aura had significantly better response
- Overall 8 % of PFO closure patients had complete remission of migraine after 1 year, compared with 1% of controls.
- Of those with aura with the majority of their attacks, 6 of 39 (15.4%) had complete remission of migraine attacks in the PFO closure group vs. 1 of 40 (2.5%) in the control group

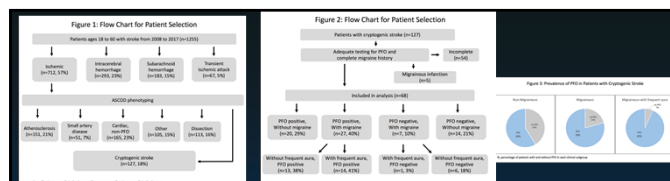
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ADENOSINE RECEPTORS



- Adenosine is a product of energy metabolism (breakdown of ATP)
- Adenosine is a potent, primarily inhibitory transmitter
- Accumulation of adenosine is thought to play an important role in the metabolic drive to sleep
- Caffeine is a non-selective adenosine receptor antagonist
- Multiple adenosine receptor subtypes with differential expression on different cell types
- The only receptor subtype modulator that is in current clinical use is the A2A receptor antagonist istradefylline, which is approved for use in Asia for the treatment of Parkinson's disease.

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West, et al. The frequency of patent foramen ovale and migraine in patients with cryptogenic stroke. Stroke In Press, 2018

UCLA Stroke Database Review

- PFO and migraine with frequent aura overrepresented in cryptogenic stroke
- Migrainous infarction very uncommon

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Adenosine receptor agonists inhibit peripheral pain in animal models

- Multiple adenosine receptor agonists have been shown to inhibit nociceptive signaling in different peripheral pain models, including trigeminal pain models
- None have been brought forward successfully as therapeutics

Borghini, V., Przewlocka, B., Labuz, D., Maj, M., Ilona, O., & Pevone, F. (2002). Formalin-induced pain and mu-opioid receptor density in brain and spinal cord are modulated by A1 and A2a adenosine agonists in mice. *Brain Res*, 956(2), 339-348.

Goedtsby, P. J., Hoskin, K. L., Storer, R. J., Edvinsson, L., & Connor, H. E. (2002). Adenosine A1 receptor agonists inhibit trigeminovascular nociceptive transmission. *Brain*, 125(Pt 6), 1392-1401.

Macedo-Junior, S. J., Nascimento, F. P., Lulic-Cerutti, M., & Santos, A. R. S. (2021). The role of peripheral adenosine receptors in glutamate-induced pain nociceptive behavior. *Purinergic Signal*.

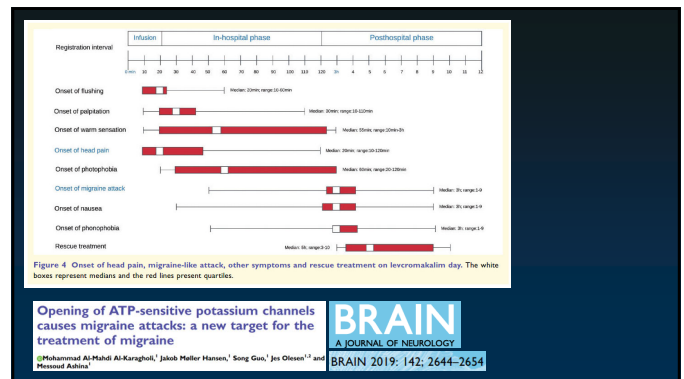
Terayama, R., Tabata, M., Maruhashi, K., & Iida, S. (2018). A3 adenosine receptor agonist attenuates neuropathic pain by suppressing activation of microglia and convergence of nociceptive inputs in the spinal dorsal horn. *Exp Brain Res*, 236(12), 3203-3213.

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Caffeine

- Known to have benefit as an acute therapy
- Withdrawal from regular caffeine use can trigger migraine

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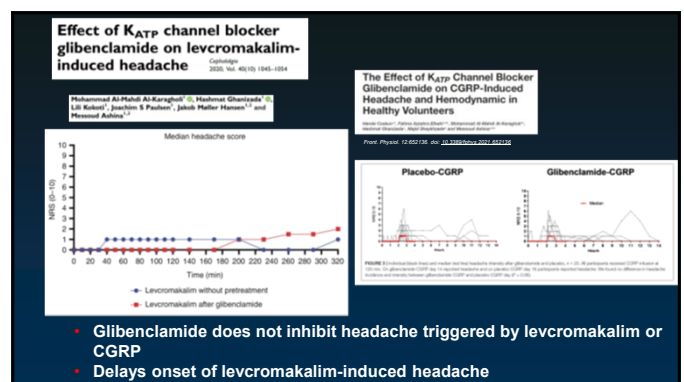
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Caffeine effects on migraine mechanisms

- Increases threshold for CSD and reduces amplitude of vasoconstriction response to CSD
- Dilates cortical surface blood vessels
- Effects are mimicked by selective adenosine receptor subtype antagonists, especially A1
- Opposite effects are observed with adenosine receptor subtype agonists

Dimitri Yousef-Yengeh, Kimiya Aframian

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Could a more selective adenosine receptor antagonist reproduce therapeutic benefit of caffeine but with less withdrawal effect?

- Potentially different effects of selective A1, A2a/b, A3 antagonists
- Multiple naturally occurring substances may have antagonist action on adenosine receptors
 - Flavonoids
 - Other xanthines

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Evidence for Na⁺ channels in headache disorders and facial pain

- Multiple sodium channel blockers may have therapeutic benefit (e.g. lidocaine, multiple anti-convulsants)
- Mutations in a sodium channel (SCN1A) responsible for FHM type 3
- Humans with mutations of Nav1.7 sodium channel have persistent analgesia

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- Multiple small molecule, antibody, and molecular approaches targeting Nav1.7 channels have been brought forward as pain treatments
- Thus far none have shown clinical benefit or been brought forward as therapeutic agents

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Other types of sodium channels as therapeutic targets

- One example: persistent sodium channel
- PRAX-562 (Praxis) being investigated as potential for SUNCT-SUNA and trigeminal neuralgia

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OPIOID RECEPTORS

MU RECEPTORS

- Primary target for most opioid analgesics in current clinical use
- Mu agonists cause tolerance, dependence, and addiction
- Cause hyperalgesia
- Contribute to contribute to worsening of migraine over time

DELTA RECEPTORS

- Expressed on different cells than mu receptors
- Delta agonists have reduced potential for tolerance and dependence
- Do not cause hyperalgesia
- Have anti-anxiety and antidepressant properties
- ? Potentially useful for migraine

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BRIEF COMMUNICATION

Pituitary adenylate cyclase activating polypeptide and migraine

Alessandro S. Zagami¹, Lars Edvinsson² & Peter J. Goadsby³

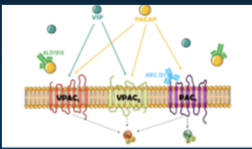
¹Department of Neurological Sciences, Prince of Wales Hospital and Prince of Wales Clinical School, University of New South Wales, Sydney, Australia

²Department of Internal Medicine, University of Iceland, Reykjavik, Iceland

³Headache Group and NMR-Woodhouse Trust Clinical Research School, King's College, London, United Kingdom

A phase 2, randomized, double-blind, placebo-controlled trial of AMG 301, a pituitary adenylate cyclase-activating polypeptide PAC1 receptor monoclonal antibody for migraine prevention

Messoud Ashina¹, David Doležil¹, Jo H Bonner³, Lifan Zhou⁴,
Jan Klatt⁵, Hernan Picard⁴ and Daniel D Mikol⁴



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Delta Opioid Receptor Agonists Inhibit Migraine-Related Hyperalgesia, Aversive State, and Cortical Spreading Depression

**Amynah A Pradhan^{1,2,3},
Monique L Smith^{1,2,3},
Jekaterina Zyuzin² and
Andrew Charles^{2,3}**



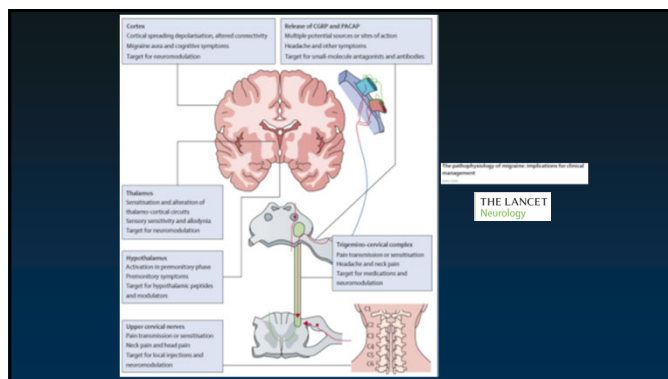
- *Multiple delta agonists inhibit nitroglycerin-evoked hyperalgesia*
- *The delta agonist SNC80 inhibit NTG-evoked conditioned place aversion*
- *SNC80 inhibits cortical spreading depression*

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THE Na⁺/K⁺ pump as a therapeutic target in migraine

- Mutation of pump causes FHM
- Inhibition of pump with ouabain causes CSD
- Function of the pump is not static: endogenous ouabain-like substances are released in response to changes in barometric pressure, hormonal changes
- Multiple medications may target the ouabain binding site – e.g. **spironolactone**

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Glutamate Receptors Memantine

- Multiple lines of evidence implicate glutamate and its receptors as mediators of migraine
- Memantine is an activity-dependent glutamate receptor antagonist
- Memantine inhibits cortical spreading depression in animal models
- Memantine is known to be well tolerated based upon extensive use for Alzheimer's disease

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Mammoth Lakes, California

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Memantine for migraine?

Role of memantine in the prophylactic treatment of episodic migraine: A systematic review

Vinita M. Mistry PharmD¹ | Paige L. Morizio PharmD, BCPS¹
Marc J. Pepin PharmD, BCPS, BCGP² | William E. Bryan PharmD, BCPS¹
Jamie N. Brown PharmD, FCCP, BCPS, BCACP¹

Heredity. 2021;61:1307-1313.

QUEST EDITORIAL

Memantine for migraine—Big promise but little evidence

Andrew Charles MD

Heredity. 2021;61:1151-1152

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