

# **Module 2 Resources**

## ***Healthcare Provider Resources***

### *Included Clinical Resources*

#### **TMD Essentials Clinician Worksheet**

This document was created to guide you during your clinical encounter with a TMD patient.

#### **TMD Comprehensive History Questionnaire (Patient Completes)**

An in-depth questionnaire your TMD patient can complete prior to a comprehensive evaluation.

#### **TMD Examination Form (Clinician Completes)**

A detailed document you may use during your clinical examination for a complex complaint that necessitates more details than the “TMD Essentials Clinician Worksheet” can hold.

### *Online Resources (Free)*

#### **TMD Screener**

[https://ubwp.buffalo.edu/rdc-tmdinternational/wp-content/uploads/sites/58/2017/01/DC-TMD\\_SQ\\_shortform\\_2013-05-12.pdf](https://ubwp.buffalo.edu/rdc-tmdinternational/wp-content/uploads/sites/58/2017/01/DC-TMD_SQ_shortform_2013-05-12.pdf)

#### **DC/TMD Screening, Evaluation, and Diagnostic Toolkit**

<https://ubwp.buffalo.edu/rdc-tmdinternational/tmd-assessmentdiagnosis/dc-tmd/>

#### **DC/TMD TMD Evaluation Video**

[https://doi.org/10.15766/mep\\_2374-8265.9946](https://doi.org/10.15766/mep_2374-8265.9946)

#### **Fibromyalgia Screener**

[https://www.fpmx.com.au/resources/office/New\\_Clinical\\_Fibromyalgia\\_Diagnostic\\_Criteria.pdf](https://www.fpmx.com.au/resources/office/New_Clinical_Fibromyalgia_Diagnostic_Criteria.pdf)

#### **Central Sensitivity Inventory**

[https://www.pridedallas.com/wp-content/uploads/2016/04/csi\\_english.pdf](https://www.pridedallas.com/wp-content/uploads/2016/04/csi_english.pdf)

#### **Epworth Sleepiness Scale**

<https://www.cdc.gov/niosh/work-hour-training-for-nurses/02/epworth.pdf>

#### **STOP-BANG Obstructive Sleep Apnea Screener**

<https://www.med.upenn.edu/cbti/assets/user-content/documents/STOP-Bang.pdf>

#### **Anxiety (GAD-7) and Depression (PHQ-4) Screeners**

<https://ubwp.buffalo.edu/rdc-tmdinternational/tmd-assessmentdiagnosis/dc-tmd/>

#### **Adverse Childhood Experiences (ACE) Screener**

<https://www.acesaware.org/wp-content/uploads/2022/07/ACE-Questionnaire-for-Adults-Identified-English-rev.7.26.22.pdf>

## Module References

### Open Access (Free)

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Snyder E, et al. A New Single-Item Sleep Quality Scale: Results of Psychometric Evaluation in Patients With Chronic Primary Insomnia and Depression. *J Clin Sleep Med.* 2018 Nov 15;14(11):1849-1857. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6223557/>

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### Paid Access

Roldán-Majewski C, Broedel E, von Korff M, Rammelsberg P, Schindler HJ, Giannakopoulos NN. Diagnostic accuracy of the Pain (P), Enjoyment (E), and General activity (G) scale, a three-item questionnaire, for grading the impact of orofacial pain-related dysfunction. *Pain.* 2022 Apr 1;163(4):e540-e546. <https://pubmed.ncbi.nlm.nih.gov/34261977/>

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Curran SL, et al. Physical and sexual abuse among orofacial pain patients: linkages with pain and psychologic distress. *J Orofac Pain.* 1995 Fall;9(4):340-6. <https://pubmed.ncbi.nlm.nih.gov/8995905/>

## Textbooks

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Okeson, Jeffrey P. *Management of temporomandibular disorders and occlusion*. 8<sup>th</sup> Edition. Elsevier Health Sciences, 2019. <https://shop.elsevier.com/books/management-of-temporomandibular-disorders-and-occlusion/okeson/978-0-323-58210-0>