

## TMD Exam Form Part II

### Patient Summary

**History of Present Illness (HPI):** (onset, change over time, precipitated by trauma/life changes?)

**Description of Pain Complaint(s):**

<b>Pain Complaint</b>	<b>Primary</b>	<b>Secondary</b>	<b>Tertiary</b>
Location			
Character (quality)			
Intensity (0-10) (today, avg, worst)			
Frequency (daily, weekly, etc.) Temporal pattern			
Duration (secs, mins, hrs, days)			
Precipitating Factors			
Aggravating Factors			
Alleviating Factors			
Associated Symptoms			
Previous Treatments			

## EXAMINATION

### GENERAL APPEARANCE

**Head and Neck (Development, Symmetry)** Not assessed WNL Remarkable findings:  
**Overall Body** Not assessed WNL Remarkable findings:

### CRANIAL NERVE SCREENING

**(II) Gross vision** Not assessed WNL Remarkable findings:  
**(III, IV, VI) Extra-ocular muscles / pupils** Not assessed WNL Remarkable findings:  
**(V) Sensory** Not assessed WNL Remarkable findings:  
**(V) Motor function / symmetry** Not assessed WNL Remarkable findings:  
**(VII) Motor function / symmetry** Not assessed WNL Remarkable findings:  
**(VIII) Gross hearing** Not assessed WNL Remarkable findings:  
**EAC / Tympanic Membrane** Not assessed WNL Remarkable findings:  
**(IX, X) Palatal elevation / gag reflex** Not assessed WNL Remarkable findings:  
**(XI) Shoulder shrug / head turns** Not assessed WNL Remarkable findings:  
**(XII) Tongue Protrusion** Not assessed WNL Remarkable findings:

### BALANCE COORDINATION

**Gait & Gross Motor Movement** Not assessed WNL Remarkable findings:  
**Finger to Nose Movement** Not assessed WNL Remarkable findings:

### CERVICAL EXAMINATION

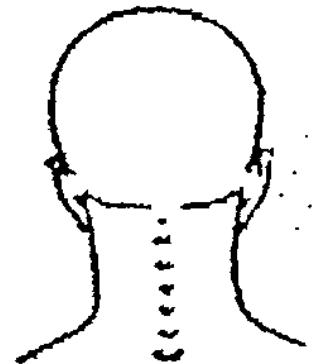
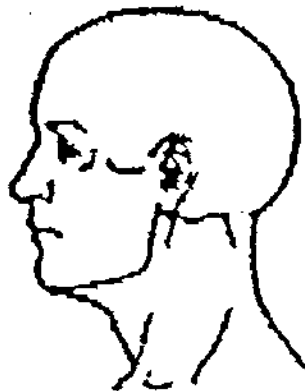
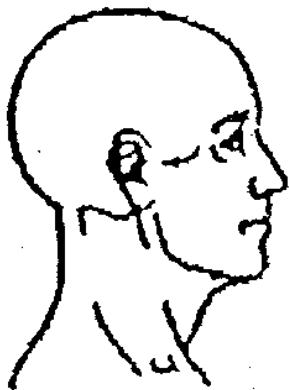
<b>Head/ Neck Position</b>	Not assessed	WNL	Forward head/body	Lateral tilt//turn ( R L )
<b>Rotation Right</b>	Not assessed	WNL	Restricted	Neck Pain CC pain ( R / L / B )
<b>Rotation Left</b>	Not assessed	WNL	Restricted	Neck Pain CC pain ( R / L / B )
<b>Tilt Right</b>	Not assessed	WNL	Restricted	Neck Pain CC pain ( R / L / B )
<b>Tilt Left</b>	Not assessed	WNL	Restricted	Neck Pain CC pain ( R / L / B )
<b>Flexion (forward)</b>	Not assessed	WNL	Restricted	Neck Pain CC pain ( R / L / B )
<b>Extension (backward)</b>	Not assessed	WNL	Restricted	Neck Pain CC pain ( R / L / B )

## PALPATION EXAM

(X) = painful/tender    (T) = palpable knot/trigger point    (\*) = reproduced familiar pain    (→) = pain referral

	Right	Left
Trapezius		
SCM		
Splenius capitis		
Occipitalis		
Paracervical		
C Spine		
Masseter		
Temporalis		
Frontalis		
TMJ (static)		
TMJ (dynamic)		
Lateral pterygoid (provocation)		
Temporal tendon		
Anterior digastric		
Posterior digastric		

Additional palpation exam findings: \_\_\_\_\_





## **INTRA-ORAL EXAMINATION**

**Soft Tissue / Oral Cancer Screening:** WNL Remarkable findings: \_\_\_\_\_

**Modified Mallampati / Tonsil Grade:** WNL Remarkable findings: \_\_\_\_\_

**Dentition / Periodontium:** Grossly WNL Remarkable findings: \_\_\_\_\_

**Tooth Wear:** Physiologic      Moderate      Severe      Notes: \_\_\_\_\_

**Occlusion:** Class I      Class II Div 1 2      Class III

Open Bite? Yes No \_\_\_\_\_

Cross Bites? Yes No \_\_\_\_\_

**Caries/Restorations:** \_\_\_\_\_

**Percussion:** \_\_\_\_\_

**Palpation:** \_\_\_\_\_

**Cold:** \_\_\_\_\_

**Tooth Slooth:** \_\_\_\_\_

**Other notable intra-oral findings:** N/A Notes: \_\_\_\_\_

This work was prepared as part of official military duties. This document reflects the views of the authors and does not reflect the policies of the U.S. Government, Department of Defense, U.S. Navy, or Uniformed Services University of the Health Sciences.